Personnel

Published by The Rhode Island Office

of Personnel Administration March 1989

E 9-1-1

1st Statewide Emergency System in the Nation in Full Operation

In an emergency a person can dial 9-1-1 to obtain police, fire or medical service. Should the caller be unable to communicate with the Telecommunicator, the Telecommunicator will know the location of the caller and help will be sent immediately. This service is available to all telephone subscribers, from all telephones, in Rhode Island. Pay phones may be used without the need for coins. Rhode Islanders can be proud of their E 9-1-1 Uniform Emergency Telephone System.

For more information or speakers for your groups and organizations you may contact Marion Donnelly at 274-0911.

> Zygmunt J. Friedemann, Chairman Colonel Ernest E. Ricci, Executive Director One Communications Place Providence, Rhode Island 02903



Interpreter Services

The Rhode Island Commission on the Deaf and Hearing Impaired in conjunction with the Rhode Island Registry of Interpreters for the Deaf have installed a new "800" sign language interpreter referral telephone system that is available 24 hours a day, 7 days a week.

The number is 1-800-525-0770 (voice), 861-6677 telecommunication device for the deaf (TDD).

DES WINS OSCAR

The Department of Environmental Management's Ocean State Cleanup and Recycling (OSCAR) program announces the state employees "WE CAN RECYCLE" award. The award recognizes state agencies for outstanding recycling efforts. Congratulations to the Department of Employment Security (DES) for being the first recipient of the OSCAR award.

Continued on page 2



Study Focuses On Needs of Working Women In R.I.

A URI professor of sociology Helen J. Mederer, has undertaken a human service study of Rhode Island State Government female employees which will target "How Women Balance Their Work and Family Lives." The study will focus on 3 issues:

1. Child Care

- 2. Elder Care
- 3. Division of Household Tasks

Professor Mederer will recruit volunteers by random selection. The technical assistance will be provided by the Office of Personnel Administration (OPA) and the Advisory Commission on Women (ACW) to respond to a survey designed to assess the everincreasing female workforce.

You may be invited to participate in this study, which will provide a foundation of knowledge concerning "working women" so Rhode Island can better meet the needs of women and the labor force.

> "Promoting the economic status of women is a priority of my Administration.' This study furthers this purpose.





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State Office Recycling Program — It's Working at DES!

Responding to Governor Edward D. DiPrete's Executive Order that all state office employees recycle, the Department of Employment Security (DES) has successfully implemented a massive, statewide recycling program involving 511 employees located in offices from Woonsocket to Westerly.

Under the enthusiastic leadership of Director John Renza, DES has initiated a recycling program that is a showpiece which serves as a model to all state agencies. After attending the Governor's September meeting to introduce state office recycling, Renza appointed David McAndrew to head up the program. McAndrew was the right person for the job. He has taken the recycling program from its initial stages of development to its present status

as an ongoing participatory program.

In commenting on the operational aspects of the program, McAndrew noted that the office recycling plan developed by DEM's Ocean State Cleanup and Recycling, headed by Victor Bell, Chief of Environmental Coordination guided him in developing a workable recycling agenda for DES. He also took the opportunity to recognize Cynthia Levesque of OSCAR, for her encouragement and ongoing assistance, Director John Renza for his continuing support, and Joe Jabour, DES's Building Superintendent for his help in working out program logistics.

McAndrew described his 5-STEP plan to success.

 Publicize, Publicize, Publicize. Describe the program to all employees and provide training.

2. Identify recyclable materials.

- 3. Select suitable receptables to store generated recyclables.
- 4. Work with recycling vendor to designate storage locations.

5. Follow-up and follow through.

McAndrew has gone the "extra mile." Since DES generates large amounts of cardboard, he has found a market for that recyclable. He has negotiated with the Bureau for the Blind to implement the use of cardboard cups in all DES lunchroom facilities. Although not recyclable, the use of cardboard cups replaces non-biodegradable styrofoam cups. In addition, he has incorporated the Blackstone Valley Center for the Retarded to setup an aluminum can collection and retrieval system with that worthwhile organization. Finally, he utilizes two students from the Rhode Island School for the Deaf to do a final sort of all recyclables, which ultimately brings a higher price for DES recyclables.

What's the bottom line? In terms of money, DES expects to realize a cost savings of \$8500.00 because of reduced waste hauling requirements. Yet, the real benefit is far from monetary. Thousands of pounds of paper, cardboard, and cans are being recycled into new reusable products. Our natural resources are preserved, while valuable landfill space is saved. DES employees have a good feeling about themselves for being part of a state effort which is making Rhode Island a recycling leader.

NEED HELP?

Contact Cynthia Levesque of OSCAR at 277-3437 for assistance with your state office recycling plan.

BOAT RACE FOR CHILDREN

The Department of Children and Their Families (DCF) invites state employees, sailboat owners or operators to participate in their Fifth Annual DCF Regatta.

The Entrance Fee is \$15.00. The proceeds will go to the Children's Trust Fund for the benefit of children under state care. For information, call Sam DiSano (457-4806) or Leo Ducharme (457-4848).

OCEAN STATE CLEANUP and RECYCLING (OSCAR)



At a presentation of the OSCAR award: from left to right... Cynthia Levesque, DEM Information Specialist, John S. Renza, DES Director, Director, David McAndrew, Recycle Coordinator, Joe Jabour, DES Building Superintendent



FROM THE OFFICE OF THE GOVERNOR

Executive Orders

No. Date Subject

88-14 11-29-88 Creation of an Office of Criminal Investigation within the Department of Environmental Management.

88-15 12-19-88 Orders of the Governor to relieve overcrowding at the Adult Correctional Institution.

89-1 01-31-89 Creation of the Rhode Island Advisory Commission for Minority Affairs to advise the Governor on related programs and legislation.

89-2 01-25-89 Creation of a Water Resources Coordination Council.

89-3 01-26-89 Creation of the Governor's Commission on Alzheimers and Dementias relating to Aging.

89-4 02-15-89 Acknowledges the Governor's proclamation of 1989 as the year of Family Health and orders all state government departments to thoroughly review all laws, rules, regulations, criteria, standards and guidelines by which state-sponsored family service programs are administered to determine if they are adequate to meet existing needs and protect family integrity.

For more information or copies of Executive Orders, contact the Office of the Governor's Legal Counsel, Room 320, State House

— 277-2080.

(SECA) State Employees Charitable Appeal



Governor Edward D. DiPrete presents the SECA outstanding Campaign Award to the Department of Mental Health, Retardation and Hospitals, (MHRH). Dr. Robert Carl accepts on behalf of the department.

A SPECIALIST Office of Training & Development



Fee

COMMUNICATIONS:

Assertiveness Training (18-hour course) 6 Thursdays beginning May 18, 1989; 9 a.m. - 12 Noon; Instructor: Nancy-Lee Devane, M.A. \$69

Basic Communications (15-hour course) 2 Fridays beginning April 14, 1989; 8:30 a.m. - 4:30 p.m.; Instructor: Thomas J. Farrell, M.A. \$76

COMPUTERS:

Using Lotus 1-2-3 (15-hour course) 5 Thursdays beginning March 2; 5 Thursdays beginning April 6; 5 Thursdays beginning May 18, 1989;

Advanced Lotus Topics Course dates: (tentative) May 1989; 9 a.m.

Introduction to Word Processing (15-hour course) 5 Tuesdays beginning March 21, 1989; 5 Tuesdays beginning April 25, 1989; 9 a.m. - 12 Noon \$96

Word Perfect Fee, dates and instructor to be announced.

FUNCTIONING IN STATE GOVERNMENT:

Perceptions of People ... (15-hour course) How Different are we? March to July 1989; Instructors: Harold "Cap" Smith, Jack White, Denise Joyal, Barbara Gianola, Lynn August, Juan Francisco, and Victor Mendoza...... No Fee

Stereotyping and Diversity: (15-hour course) What Does Affirmative Action Have To Do With Me? 5 Tuesdays beginning April 18, 1989 (URI, Kingston); 9 a.m. - 12 Noon (no class April 25); Instructors: Geraldine Iadevaia, Gene L. Booth, Herbert Spencer, Harold "Cap" Smith, Pat Ryherd, and Al Provencher...... No Fee

GRANTS AND BUDGETS:

State Budgeting Process Course date: (tentative) June 1989; Fee to be announced.

MANAGEMENT/SUPERVISORY:

Management Controls Review Thursday: May 18, 1989; OR, June 1, 1989; Fee to be announced; Instructors: Dorothy R. Blanding, Wayne T. Hannon, and Herman R. Rose

Ethical and Liability Issues for Supervisors in State Government Tuesday, June 20, 1989; 8:30 a.m. - 4 p.m. (luncheon is included);

Creativity Instructors, dates, and fee to be announced.

Eight Stages of Overcoming Indecisiveness Instructors, dates, and fee to be announced.

Course 2: Tuesdays, Lunch, June 6, 13, 20, and 27, 1989; 11:30 a.m. - 1:30 p.m.; Instructor; Herman H. Rose and guest speakers

The Supervisor's Squeeze Thursday, March 9, 1989; 8:30 a.m. - 4 p.m. (luncheon is included); Instructor: Doug Cureton, M.A.... \$35

Swpervisory and Management Skills 3 Wednesdays, April 5, 19, and May 3, 1989; 8:30 a.m. - 4 p.m. (luncheon is included); Instructor: Scott Mueller, M.S.W. For Department of Administration Only. \$95

Managing Employee Performance 3 Mondays, May 8, May 22, and June 5, 1989; 8:30 a.m. - 4 p.m. (luncheon is included); Instructors: Scott Mueller, M.S.W., Walter McGarry, John Turano, J. D., and John Boulmetis, Ph.D. For Department of Administration Only. \$95

SELF DEVELOPMENT:

Stress Management Dates to be announced; Instructor: Sylvia Weber, M.S., R.N.C.S. \$81

Secrets of Secretarial Success Instructors, dates, and fee to be announced.

How To Take a Civil Service Test Thursday, June 8, 1989; 9 a.m. - 11:45 a.m. Place, time, and group fee may all be arranged and adapted by your Department in advance for March, April, May or September

Course 1: 9 Tuesdays beginning March 7, 1989; 1:00 - 4:00 p.m. (Held at RI Medical Center, Cranston)

Course 2: 9 Wednesdays beginning April 19, 1989; 2:00 - 5:00 p.m. (Held at URI, Kingston, Campus) Instructor: Al Provencher

CPR for Instructors 6 - 9 hour course. Dates and fee to be announced; Instructor: John Aucott

SPECIALIZED PROGRAMS:

We in the Office of Training and Development are strongly committed to an extra effort — providing opportunities for all employees in development and training. We would be happy to assist agency heads and their employee relations officers to invest human resources. Many of the courses outlined earlier in this listing can be tailored to meet the specific needs of your agency.

Call us at 277-2877 to discuss options for your department's benefit.

Specialized Computer Courses
The Training Office can offer computer training to your agency on an exclusive basis. If you would like Using Lotus 1-2-3, Microcomputers in Government, Appleworks, etc., call us for details.

Mini-Courses for Your Department If your agency or department would like to co-sponsor a mini-course for employees, we offer:

Your Paystub and Your Finances

Financial Planning for Retirement
 How To Take a Civil Service Test

Orientation to Payroll Stub

Call us at 277-2877 to arrange for a location and time convenient for you.

TRAINER'S INSTITUTE:

Training of Trainers Call if interested in this course. Instructor: Scott Mueller, M.S.W......\$196

Making Presentations April 5 - May 10, 9 a.m. - 12 Noon; Instructor: Agnes Doody, Ph.D. \$81

Advanced Training of Trainers
Final determination of a course offering will be made after a needs assessment of the training community is conducted.

IN THE WORKS ...

Employees Assistance Program ... What Supervisors Need to Know to Help

Supervising Difficult People

Understanding the State Personnel System

Workers' Compensation Issues for Supervisors

These courses are being planned. If you would like to receive additional information as specific information becomes available, call 277-2877 to place your name on a mailing list.

Exercise: Preventive Medicine for Heart Disease

By Mark C. Zullo, M.D.

Your doctor has just recommended that you begin an exercise program, and you are asking yourself why. You don't smoke, you watch your intake of fats and cholesterol, you have normal blood pressure, and now you have to exercise! But exercise has many benefits, including protection against heart disease.

The Dangers of Physical Inactivity

The Center for Disease Control released a study which reveals that inactivity poses as great a risk for coronary heart disease (CHD) as high cholesterol, high blood pressure or smoking a pack of cigarettes per day. This is even more significant when you consider that 60 percent of Americans lead sedentary lifestyles, as opposed to the 10 percent of Americans with high cholesterol, 10 percent with high blood pressure, or the 20 percent with a pack-a-day habit. From this information, it is easy to infer that a regular exercise program will reduce your risk of CHD. Regular physical activity seems to protect against CHD in a variety of ways, but basically through two different mechanisms, improved cardiovascular fitness and improved "metabolic fitness" - better lipid (fat and cholesterol) profile, and/or reduced blood glucose (sugar) levels. If you exercise to the point of cardiovascular benefit (which means exercising to about 70 percent of your maximum predicted heart rate for 20 to 60 minutes three or four times per week), you will have a slower heart rate, lower blood pressure and a more efficient heart that will pump more blood with each beat. In addition, people who are active and fit have larger coronary vessels (the blood vessels which supply the heart muscle) and more capillaries (the smallest blood vessels) for each heart muscle fiber. All this helps lower the risk of heart attacks.

Exercise and Cholesterol

How does exercise help your blood cholesterol? Certainly, we've all been reading a lot about cholesterol and how high cholesterol levels increase the risk of heart attacks. Exercise affects cholesterol by lowering the levels of low-density lipoprotein cholesterol (LDL-C — "the bad cholesterol"), very low-density lipoprotein cholesterol (VLDL-C), and triglycerides, while increasing the levels of high-density lipoprotein cholesterol (HDLC-C — "the good cholesterol"). While your total cholesterol level may not change much, the changes in specific types of cholesterol have been proven to reduce the risk of CHD.

Exercise programs can prevent heart disease and have also been shown to help patients who have angina, or who have had heart attacks or bypass surgery. Certainly, for these individuals, exercise programs should be undertaken only under the guidance of a health care provider. But the evidence is clear — regular exercise can help lower your risk of heart disease.



Dr. Mark Zullo is a Family Practice physician at RNHA's Plainville, Massachusetts Health Care Center. A sports enthusiast, he maintains an active professional interest (in Sports Medicine.

State Employees Who Played Leadership Volunteer roles for SECA



Receiving awards for their services: from left to right ... Bill McQuade, Chet Browning, Rick Archer, Vin Ferri, Dr. Robert Carl, Richard Iadevaia, Peter Mancini, Angelo Pirri, and Manny Thetonia.

RHODE ISLAND ASPA NEWS

The Rhode Island Chapter of the American Society for Public Administration (ASPA) will be hosting its annual awards dinner at the Hospitality Center, Cranston, RI, on May 4, 1989.

at the Hospitality Center, Cranston, RI, on May 4, 1989.

This years recipient of the John O. Stitely Distinguished Public Service Award will be Dr. Eleanor McMahon, Commissioner of Higher Education. The recipient of the Creative Public Administration Award will be Mr. Henry S. Woodbridge, Jr., Chairman/Executive Director, WORKFORCE 2000.

Our keynote speaker will be the Honorable Joseph De Angelis, Speaker of the Rhode Island House of Representatives.

Additional information can be obtained from Tom C. Marcello, 457-4809, and Anthony Viscione, 277-2435.

pRIde

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John J. Kane

Associate Director of Administration/Human Resources; Richard M. Wessels

Personnel Administrator:

Bradford E. Southworth

Editor:

Beverly A. Dwyer

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With Prepaid Legal Service Corporation of Rhode Island 91 Friendship Street, Providence, RI 02903

Enrollment in Prepaid Legal Service Corporation's Insurance plan for State of Rhode Island Employees is open from March 15 to April 15, 1989, with coverage effective May 1, 1989. For more information, call your department personnel/payroll office.



OF THE

OFFICE OF PERSONNEL ADMINISTRATION 555 VALLEY STREET 3RD FLOOR. PROVIDENCE, RI 02908

The Ultimate Challenge: Changing a Habit

By William Zwick, Ph.D.

In many ways change is another word for learning. Most people find it difficult to change, to learn a new way to do something. Changing from an automatic to a shift car - learning how to shift smoothly is not so easy. Changing from handwriting to typing — learning to touch type requires effort. Changing a habit learning to act a different way in an old situation — is something we have all struggled with.

There has been a considerable amount of research about how people can change and what they can do to learn to do something different. One very useful way to think about change is as a series of stages that people go through as they learn to do something new. These stages have been developed out of a program of research by Dr. James Prochaska at the University of Rhode Island. The Stages of Change can be described as follows:

1. The problem is not recognized.

This stage, when a person does not see his behavior or situation as a problem, is called the "Immotive Stage." In this stage, a person doesn't change at all because he sees no problem. Other people (doctors, friends) may see a problem (i.e. smoking, overweight, alcohol or drug use), but the person himself really doesn't think of what he is doing as a problem for himself, so he doesn't learn any other way of acting. Often people in the Immotive Stage will not even remember someone spoke to them about "the problem." It seems to take a strong emotional experience (fear, grief, guilt) for an Immotive Stage person to see that he may have a problem.

2. The problem is open for consideration.

At this stage, the "Contemplator Stage," a person is willing to consider the possibility of the need for change. The person will listen to advice, read, get lots of information and move toward a decision. Contemplators learn information easily in this stage. Their minds are wide open.

3. A decision is made.

In the "Decision Stage" a person sums up his emotional experiences and the information gained and decides it's time to change, time to learn something different.

4. New ways tried out.

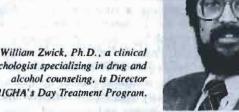
In the "Active Change Stage" a person tries many new things such as dieting, exercising, cutting back on cigarettes, stopping smoking, stopping drinking. An active changer will try a variety of ways to learn to change their behavior. Many of these are good, rapid ways to change. There is lots of enthusiasm and often quick improvement. Many approaches can work well in this stage.

 Keeping the change in place.
 The fifth stage, "Maintenance," is very interesting. After a decision and after some rapid changes, a person in the Maintenance Stage has to learn long-term ways of doing things differently. The active changer's energy and enthusiasm are great, but for the long haul other kinds of easy-to-maintain changes have to occur. Switching from a weight loss program to a weight maintenance program is a good example. Basically, the things that help make an initial change (the Decision and Active Change Stages) have to give way to simpler, less drastic but effective long-term solutions.

Many people go through stages 2, 3, and 4 a few times before they are able to get to, and stay at, the Maintenance Stage. This isn't surprising, but it is discouraging. If you find yourself doing this, it's helpful to re-examine your reasons for wanting to change. Be sure it is your real goal to change, to learn another way. Review your Active Change techniques. Are they too hard? Do they depend too much on other people? Most of all, make sure

you have a set of long-term Maintenance techniques in hand for the long haul.

We have learned most of the behaviors we want to change. We can change any behavior we have learned. If you want to change, do something different. Don't be afraid to ask for help.



psychologist specializing in drug and of RIGHA's Day Treatment Program.

CLIP SAVE

1989 OFFICIAL STATE HOLIDAYS

Monday, January 2 **NEW YEAR'S DAY**

Monday, January 16 DR. MARTIN LUTHER KING JR.'s BIRTHDAY

> Monday, May 29 MEMORIAL DAY

Tuesday, July 4 INDEPENDENCE DAY

Monday, August 14 VICTORY DAY

Monday, September 4 LABOR DAY

Monday, October 9 **COLUMBUS DAY**

Saturday, November 11 VETERANS DAY

Thursday, November 23 THANKSGIVING DAY

Monday, December 25 CHRISTMAS DAY

1989 PAY DATES

January 6	May 12	September 15
January 20	May 26	September 29
February 3	June 9	October 13
February 17	June 23	October 27
March 3	July 7	November 10
March 17	July 21	November 24
March 31	August 4	December 8
April 14	August 18	December 22
April 28	September 1	

1989 RHODE ISLAND GENERAL ASSEMBLY LEADERSHIP

S			

HOUSE OF REPRESENTATIVES

DEMOCRATS	DEMOCRATS
President of the Senate	Speaker of the House
President Pro Tempore John F. Correja	Deputy Speaker John F. Vanner, Jr.
Majority Leader David R. Carlin, Jr.	Speaker Pro Tempore
Associate Senate Majority Leader Anthony R. Marciano	Majority Leader Thomas A. Lamb
Senate Majority Leader Pro Tempore	Majority Whip Christopher Boyle
First Deputy Majority Leader	Deputy Majority Whip
Deputy Pres. Pro Tempore	Deputy Majority Leader Helena E. McDermott
Majority Whip Paul S. Kelly	Deputy Majority Leader George A. Castro
Deputy Majority Leader—Finance	Deputy Majority Leader Zygmunt J. Friedemann
Deputy Majority Leader—Judiciary James S. D'Ambra	Deputy Majority Leader Harold M. Metts
Deputy Majority Leader—Corporations William V. Irons	Deputy Majority Leader Nancy L. Benoi
Deputy Majority Leader—H.E.W Victoria Lederberg	Deputy Majority Leader Francis A. Gascher
Deputy Majority Leader—Labor	Deputy Majority Leader William J. McAtec
Deputy Majority Leader-Spec. Legis Eleanor C. Sasso	Deputy Majority Leader Michael J. Urban, Jr.
Deputy Majority Leader—Policy Sean O. Coffey	Deputy Majority Leader
Deputy Majority Leader David P. Kerins	Deputy Majority Leader Linda J. Kushner
Deputy Majority Leader Jennie D. Day	REPUBLICANS
Deputy Majority Leader R. David Cruise	Minority Leader Bradford Gorham
Deputy Majority Leader James P. McStay	Minority Whip
The state of the s	Deputy Minority Leader David W. Dumas
Misority London	Deputy Minority Leader Cilbert V Indealis
Minority Leader	Deputy Minority Leader
Minority Whip Ann H. Hanson	Deputy Minority Leader
Deputy Minority Leader Bonnie L. Stewart	Deputy Minority Leader
Deputy Minority Leader Albert J. Russo	Deputy Minority Leader
SENATE COMMITTEES	HOUSE COMMITTEES
THE RESERVE OF STREET STREET,	10 1 1 10 10 10 10 10 10 10 10 10 10 10
CORPORATIONS	CORPORATIONS
Considers bills related to insurance, public utilities and cities and towns.	Considers bills related to insurance, public utilities and cities and towns.
Chairman John Orabona	Chairman Joseph L. Casinell
Vice Chairman Peter T. Bouchard	Vice Chairman
Secretary Paul P. Pederzani, III	Secretary Suzanne M. Henseler
FINANCE	FINANCE
The Senate Finance Committee reviews the annual budget after it is passed by	The House Finance Committee oversees the annual budget, and takes up other
the House; takes up legislation involving money.	legislation involving money.
Chairman	Chairman Robert S. Tucker
Vice Chairman Helen M. Mathieu	Vice Chairman
Secretary	Secretary Richard H. Johnson
HEALTH, EDUCATION AND WELFARE	HEALTH, EDUCATION AND WELFARE
Takes up bills relating to schools, hospitals and public assistance.	Takes up bills relating to schools, hospitals and public assistance.
Chairman	Chairman Frank J. Fiorenzano
Vice Chairman Gregory J. Acciardo	Vice Chairman
Secretary Joseph A. Montalbano	Secretary K. Nicholas Tsiongas
JUDICIARY	JUDICIARY
Senate Judiciary Committee handles legislation dealing with criminal laws and	House Judiciary Committee handles legislation dealing with criminal laws and
civil suits; holds hearings on gubernatorial nominations, such as judges, requiring	civil suits as well as legislation such as campaign finance regulations.
Schate confirmation.	Chairman Jeffrey J. Teitz
Chairman	Vice Chairman
Vice Chairman	Secretary Peter N. Wasylyk
Secretary James M. Donelan	
	LABOR
LABOR	Handles such bills as working conditions, minimum wage, Worker's Com-
Handles such bills as working conditions, minimum wage, Worker's Com-	pensation, binding arbitration, and parental leave.
pensation, binding arbitration, and parental leave.	Chairman Henry Bocniger
Chairman John A. Sabatini	Vice Chairman
Vice Chairman	Secretary Edward W. Dodo
Secretary Edward P. Morronc	SPECIAL LEGISLATION
SPECIAL LEGISLATION	Handles legislation concerning constitutional amendments; bills on liquor and
Handles legislation concerning constitutional amendments; bills on liquor and	measures that do not come under other jurisdictions.
measures that do not come under other jurisdictions.	Chairman
Chairman Richard M. Alegria	Vice Chairman
Vice Chairman	Secretary Harvey E. Goulet, Jr.
Secretary John F. Correia	
	House Telephone 277-2466
Joint Committees unavailable at this time.	
Senate Telephone 277-6655	

Senate Telephone 277-6655

THE PROCESS HOW A BILL BECOMES A LAW

committee.

1. Preparation: A representative (per-haps at the request of a constituent) has an idea for a bill and gets the measure drafted by Legislative Council, part of the General Assembly staff.

2. Introduction: Bill is introduced on House floor, is assigned a number and is referred to

Committee: When considered in committee, the bill may be amended. In any event, if the committee approves the measure, it is sent back to the floor.

On the floor, it may be amended further. If the chamber approves it, it is sent to the Senate and referred to a Senate

committee.

5. Committee: In committee, it may be amended further. If the committee approves the measure, it is sent back to the floor.

in the Senate and go on to the House.

On the floor, it may be amended further. If the Senate approves it, it goes to the governor (or back to the House if it has been amended on the Senate side).

This is how a bill is introduced in the House and goes on to the Senate and becomes a law. A bill also can be introduced

> 7. Governor: The governor may sign it into law, allow it to take effect without his signature or veto it. (If he vetoes it, the House and Senate may vote, by three-fifths margins,

to override.)